



NEWS RELEASE
September 18, 2008

TSX.V: SMZ

Sinchoa Metals Intersects 170.3 Metres Grading 0.74% Copper and 1.19 g/t Gold at the Breccia Zone

Sinchoa Metals Corp. (TSX.V-SMZ) is pleased to announce the results from Drill Holes SDH-48, SDH-46 and SDH-45 drilled on the Breccia Zone at the Sinchoa Property in Peru.

Holes SDH-48 and SDH-46 were drilled from the same drill pad on Section 12. Hole SDH-48 was drilled at azimuth 045 with a -80° inclination and Hole SDH-46 was drilled at azimuth 225 with a -70° inclination. Hole SDH-45 was drilled on Section 9, approximately 500 metres to the northwest. Assays have been received for the interval of 0.0m to 306.7m, the bottom of Hole SDH-48, 0.0m to 384.7m, the bottom of Hole SDH-46 and 0.0m to 374.65m, the bottom of Hole SDH-45.

Significant intersections are as follows:

From m	To m	Interval* m	Copper %	Gold g/t	Silver g/t
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Hole SDH-48

18.7	189.0	170.3	0.74	1.19	7.1
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Hole SDH-46

0.1	70.3	70.2	0.70	0.35	3.7
223.1	328.7	105.6	0.42	0.30	7.9

Hole SDH-45

182.99	260.0	81.01	0.29	0.27	5.7
291.0	369.7	78.7	0.39	0.22	12.5

*These are drill intersections and true widths have yet to be determined.

“Broad zones of copper – gold mineralization have now been intersected over a distance of at least 600 metres along southwest – northeast Sections 10 and 11, and over at least 450 metres in a northwest – southeast direction from Sections 13 to 9,” said President Andrew Gourlay. “Significant intervals of mineralization have now been encountered in breccia, dacite and skarn, and we have not yet defined the limits of mineralization.”

Drill Holes SDH-48 and SDH-46 intersected dacite, dacite porphyry, hydrothermal breccia and skarn from surface to the bottom of both holes, with zones of brecciated dacite and skarn. Drill Hole SDH-46 was collared approximately 175 metres to the west of Hole SDH-44, which intersected 97m grading 1.41% copper, 1.09 g/t gold and 25.9 g/t silver from 0.8m to 98.0m depth (See News Release dated September 8, 2008). Drill Holes SDH-48 and SDH-46 are located in the central part of southwest – northeast Section 12. Hole SDH-45 intersected brecciated dacite cut by numerous faults, and was collared approximately 200 metres north of Hole SDH-37, which intersected 188 grading 2.02% copper, 1.07 g/t gold and 11.3 g/t silver (See News Release dated July 8, 2008). Hole SDH-45 is located in the western portion of Section 9.

Drill Holes SDH-48, SDH-46 and SDH-45 are part of a 9,250 metre drill program, the objective of which is to define the Breccia and Skarn Zone, and to calculate a preliminary resource estimate.

Andrew Gourlay, P. Geol., President is the Qualified Person for the technical disclosure in this news release. All samples were prepared and analyzed by the CIMM Peru S.A. laboratory in Lima, Peru, and ISO-accredited laboratory. Standard reference materials, blanks and duplicates were inserted prior to the shipment from site to monitor the quality control of analytical data.

Sinchao Metals Corp. owns a 100% interest in the Sinchao Property, which is located in Cajamarca Province, Northern Peru, and 30 kilometres from Yanacocha, the largest gold mine in South America.

On behalf of Sinchao Metals Corp.

“Andrew W. Gourlay”

Andrew W. Gourlay, P. Geol.
President

About Sinchao Metals Corp:

Sinchao Metals Corp. (TSX.V:SMZ) is focused on the exploration and development of the Sinchao property, located in Cajamarca province in Northern Peru, 30 kilometres from Yanacocha, the largest gold mine in South America. The company is dedicated to creating value for its shareholders by pursuing growth, expansion and enhancement of the Sinchao property. For further information please contact the Company at (604) 681-6186 or toll free: 1-888-356-4784. Visit the company website at www.sinchaometals.com

This news release may contain forward-looking information within the meaning of the Securities Act (Ontario) ("forward-looking statements"). Such forward-looking statements may include the Company's plans for its mineral projects, the overall economic potential of its properties, the availability of adequate financing and involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements expressed or implied by such forward-looking statements to be materially different. Such factors include, among others, risks and uncertainties relating to potential political risks involving the Company's operations in a foreign jurisdiction, uncertainty of production and costs estimates and the potential for unexpected costs and expenses, physical risks inherent in mining operations, currency fluctuations, fluctuations in the price of gold and other metals, completion of economic evaluations, changes in project parameters as plans continue to be refined, the inability or failure to obtain adequate financing on a timely basis, and other risks and uncertainties, including those described in the Company's Financial Statements, Management Discussion and Analysis and Material Change Reports filed with the Canadian Securities Administrators and available at www.sedar.com.

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of the content of this news release.